



ST PAUL'S OAK POINT

PARISH OF THE NEREPIIS & ST. JOHN

"Jesus centered, Community focused"

3RD SUNDAY OF LENT

MAR 08, 2026

10:00am Service with Holy Eucharist

THE GATHERING OF THE COMMUNITY

Processional Hymn
The Greeting

EXODUS 17:1-7

17 From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the LORD commanded. They camped at Rephidim, but there was no water for the people to drink. **2** The people quarreled with Moses and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the LORD?" **3** But the people thirsted there for water, and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" **4** So Moses cried out to the LORD, "What shall I do for this people? They are almost ready to stone me." **5** The LORD said to Moses, "Go on ahead of the people and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile and go. **6** I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. **7** He called the place Massah and Meribah, because the Israelites quarreled and tested the LORD, saying, "Is the LORD among us or not?"

PSALM 95

Come, let us sing to the Lord; *
let us shout for joy to the rock of our salvation.
Let us come before his presence with thanksgiving *
and raise a loud shout to him with psalms.
For the Lord is a great God, *
and a great king above all gods.
In his hand are the caverns of the earth, *
and the heights of the hills are his also.
The sea is his, for he made it, *
and his hands have molded the dry land.
Come, let us bow down, and bend the knee, *

and kneel before the Lord our Maker.

For he is our God, and we are the people of his pasture
and the sheep of his hand. *

Oh, that today you would hearken to his voice!

Harden not your hearts, as your
forebears did in the wilderness, *

**at Meribah, and on that day at Massah,
when they tempted me.**

They put me to the test, *

though they had seen my works.

Forty years long I detested that generation and said, *

**"This people are wayward in their hearts;
they do not know my ways."**

So I swore in my wrath, *

"They shall not enter into my rest."

PSALM PRAYER

Creator of all, we give you thanks for a world full of wonder, but above all because you have called us into a holy fellowship with you and with each other. Guide us in the ways of this your new creation, rooted and grounded in Jesus Christ our Lord.

ROMANS 5:1-11

5 Therefore, since we are justified by faith, we have peace with God through our Lord Jesus Christ, **2** through whom we have obtained access to this grace in which we stand, and we boast in our hope of sharing the glory of God. **3** And not only that, but we also boast in our afflictions, knowing that affliction produces endurance, **4** and endurance produces character, and character produces hope, **5** and hope does not put us to shame, because God's love has been poured into our hearts through the Holy Spirit that has been given to us. **6** For while we were still weak, at the right time Christ died for the ungodly. **7** Indeed, rarely will anyone die for a righteous person—though perhaps for a good person someone might actually dare to die. **8** But God proves his love for us in that while we still were sinners Christ died for us. **9** Much more surely, therefore, since we have now been justified by his blood, will we be saved through him from the wrath of God. **10** For if while we were enemies we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. **11** But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

Gradual Hymn

THE HOLY GOSPEL – JOHN 4:5-42

4⁵ So he came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. **6** Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon. **7** A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." **8** (His disciples had gone to the city to buy food.) **9** The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) **10** Jesus answered her, "If you knew the gift of God and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." **11** The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water?" **12** Are you greater than our ancestor Jacob, who gave us the well and with his sons and his flocks drank from it?" **13** Jesus said to her, "Everyone who drinks of this water will be thirsty again, **14** but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." **15** The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water." **16** Jesus said to her, "Go, call your husband, and come back." **17** The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband,' **18** for you have had five husbands, and the one you have now is not your husband. What you have said is true!" **19** The woman said to him, "Sir, I see that you are a prophet. **20** Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem." **21** Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. **22** You worship what you do not know; we worship what we know, for salvation is from the Jews. **23** But the hour is coming and is now here when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. **24** God is spirit, and those who worship him must worship in spirit and truth." **25** The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." **26** Jesus said to her, "I am he, the one who is speaking to you." **27** Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" **28** Then the woman left her water jar and went back to the city. She said to the people, **29** "Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?" **30** They left the city and were on their way to him. **31** Meanwhile the disciples were urging him, "Rabbi, eat something." **32** But he said to them, "I have food to eat that you do not know about." **33** So the disciples said to one another, "Surely no one has brought him something to eat?" **34** Jesus said to them, "My food is to do the will of him who sent me and to complete his work. **35** Do you not say, 'Four months more, then comes the harvest'? But I tell you, look around you, and see how the fields are ripe for harvesting. **36** The reaper is already receiving wages and is gathering fruit

for eternal life, so that sower and reaper may rejoice together. ³⁷ For here the saying holds true, 'One sows and another reaps.' ³⁸ I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor." ³⁹ Many Samaritans from that city believed in him because of the woman's testimony "He told me everything I have ever done." ⁴⁰ So when the Samaritans came to him, they asked him to stay with them, and he stayed there two days. ⁴¹ And many more believed because of his word. ⁴² They said to the woman, "It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world."

Sermon: The Rev'd Mike Caines
The Apostles Creed
The Peace
Offertory Hymn

PRAYER OVER THE GIFTS

Spring of life and Source of goodness, receive all we offer you this day, and bring us to the living water, Jesus Christ, your Son our Lord.

CELEBRATION OF THE EUCHARIST
The Ministry Of The Word and Communion
Prayers Of The People

COLLECT OF THE DAY

Almighty God, who's Son Jesus Christ gives the water of eternal life, may we always thirst for you, the spring of life and source of goodness; through him who lives and reigns with you and the Holy Spirit, one God, now and forever.

Confession Blessing
Holy Communion
Communion Hymn
The Lord's Prayer

PRAYER AFTER COMMUNION

God of our pilgrimage, we have found the living water. Refresh and sustain us as we go forth on our journey, in the name of Jesus Christ the Lord.

DOXOLOGY

Closing Prayer Announcement
Dismissal Recessional Hymn

Liturgical Ministries

Celebrant: **The Rev'd Mike Caines**

Reader: Bill Richards

Greeter: Elaine Reid

Revised Common Lectionary Readings for next week:

1 Samuel 16:1-13

Psalm 23

Ephesians 5:8-14

John 9:1-41

PARISH NEWS

Anglican Parish of the Nerepis & St. John
Church of the Resurrection – St. Paul's – St. Peter's

We remember in our Prayers

Brian, Justin, Fred & Shelley

REMEMBERING IN OUR PRAYERS: To include a name on our list, please contact the office. Names will be removed after approximately 2 months unless asked otherwise. Information is confidential. If you and your family has recently lost a loved one, and would like to be lifted in prayer, by having your name(s) included in the bulletin, please contact the office and we will include you.

OFFERINGS: The offering plate is located at the back of the seating area, in the center isle. You may leave your offering, or Email transfer to therezadm@gmail.com NO PASSWORD NEEDED.

RYTHMIC GIVING AUTOMATICALLY EACH MONTH: is available by EFT (automatic electronic fund transfer) Contact Jean Wilson at 757- 8004 or jean_wilson@msn.com

LENTEN BIBLE STUDY-LOOKING AT THE

PSALMS: facilitated by Edward Powell. We will meet for five **Tuesdays**, 1:30-3pm, starting February 24, in the Gregg Room. (Please bring indoor shoes)

LENTEN STUDY ON DYING AND GRIEF: Led by Rev Ginny. Tuesdays at 7pm in the Gregg Room from Feb 24th to Mar 24th. (Please bring indoor shoes) We will explore together how death can be our sister or friend from a Christian perspective. To

participate, please contact me, Rev. Ginny, at vlwlmhff@gmail.com

OUTFLOW: Mar 25th is our next serving night at Outflow. Anyone who would like to be involved, please contact April Medford 738-2396 or Paula Nason 738-2437

WORLD DAY OF PRAYER ON SUNDAY MARCH 8TH at 6:30PM: St Matthew's Catholic Church.

COZY CORNER: COME ONE, COME ALL!!!! A clothing exchange for everyone. WE ACCEPT GENTLY WORN, CLEAN CLOTHING! REGULAR HOURS ARE: Monday: 10 AM – 12 PM, Thursday: 12 PM – 2 PM & 6 PM – 8 PM Saturday: 10 AM – 12 PM.

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COMMUNITY VOLUNTEER INCOME TAX PROGRAM:

At The Resurrection every Saturday (except holidays) starting on March 7th, 2026 from 10AM til 2PM. The program provides assistance completing taxes for those with a modest income. For more information contact Brian at 506 647-6532.

ACW BAKELESS BAKE SALE MAR 15: Next week with the bulletins you will receive an envelope and a note for the Bakeless Bake Sale the ladies are having to support causes near and dear to them. You can place cash or a cheque in the envelope or sent an Electronic Transfer with a message in the transfer that it is for the Bake Sale! Thank you in advance for your support of this worthy cause.

CONTACT US

Office Administrator: Cindi-Lee Campbell

Phone: 506 738-3474 Email: therezadm@gmail.com

Parish Office Hours

Monday: 8:30AM – 12:00 PM

Tuesday: 8:30AM – 3:30PM

Wednesday: 11:00AM – 2:30PM

STAY CONNECTED

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